

WITH A TWIST

How do you like yours? With a Twist, of course! This design is filled with twist stitches, giving it a beautiful overall cabled look - almost without the use of a cable needle! So much easier than it looks. The top-down construction creates diamonds that interlock and flow all the way to the tip of the heel, making this an awesome sock to wear with clogs or other backless shoes. This pattern is written for *either* the Two Circular Needle or Magic Loop method (and it could easily be converted for DPNs for those of you who like to work with lots of sticks!)

YARN: Knitters Brewing Co: **sock-aholic**[®], 75% Washable Wool / 25% Nylon, Fingering Weight, 480 yards
One skein (approximately 350 yards required for pair)

SIZING: Medium width. Foot length is determined by knitter.

NEEDLES: US Size 1. Directions as written work for the Magic Loop or Two Circular Needle method.

GAUGE: 36 sts and 46 rows = 4" in Stockinette Stitch



With a Twist sock shown in **sock-aholic**[®] color Bellini

ABBREVIATIONS:

- k knit
- k2tog knit 2 together
- LC Left Cross. Place the next two sts on a cable needle or dpn and hold in front of work. K next st on left needle. K2 sts from cable needle.
- LT Working around the back of the 1st st on the left needle, insert right needle into the back loop of the 2nd st and k. K 1st st on left needle. Drop both sts from left needle.
- p purl
- p2tog purl 2 together
- RC Right Cross. Place the next st on a cable needle or dpn and hold in back of work. K next 2 sts on left needle. K st from cable needle.
- RS right side
- RT Insert right needle into 2nd st on the left needle from the front, drawing its front loop across the 1st st, and k. K 1st st on left needle. Drop the 2 sts from the left needle.
- sl1 slip 1 (purlwise, unless otherwise specified)
- ssk slip, slip, knit
- st(s) stitch(es)
- WS wrong side

STITCH PATTERNS:

Stockinette Stitch: Knit all RS rows. Purl all WS rows.

Elegant Ribbing Pattern¹: (Multiple of 4 sts, all rows worked from RS)

- Rounds 1 to 5: *K1, p2, k1, repeat from * to end.
- Round 6: *LT, RT, repeat from * to end.
- Round 7: *P1, k2, p1, repeat from * to end.
- Round 8: *P1, RT, p1, repeat from * to end.
- Round 9: *P1, k2, p1, repeat from * to end.
- Round 10: *RT, LT, repeat from * to end.
- Rounds 11 to 14: *K1, p2, k1, repeat from * to end.

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	-	-		13
	-	-		12
	-	-		11
⋈	⋈	⋈	⋈	10
-			-	9
-	⋈	⋈	-	8
-			-	7
⋈	⋈	⋈	⋈	6
	-	-		5
	-	-		4
	-	-		3
	-	-		2
	-	-		1

KEY	
	knit
-	purl
⋈	left twist
⋈	right twist

Three Diamonds Pattern¹: (Panel of 24 sts, all rows worked from RS)

- Round 1: P6, k2, p3, LT, p3, k2, p6.
- Round 2: P6, k2, p3, k2, p3, k2, p6.
- Round 3: P6, LT, p2, RT, LT, p2, RT, p6.
- Round 4: P6, k2, p2, k4, p2, k2, p6.
- Round 5: P5, RT, LT, RT, k2, LT, RT, LT, p5.
- Round 6: P5, k14, p5.
- Round 7: P4, RT, k2, RT, k4, RT, k2, LT, p4.
- Round 8: P4, k16, p4.

Round 9: P3, RT, k2, RT, LT, k2, RT, LT, k2, LT, p3.
 Round 10: P3, k18, p3.
 Round 11: P2, RT, k2, RT, k2, LT, RT, k2, LT, k2, LT, p2.
 Round 12: P2, k20, p2.
 Round 13: P2, k9, LT, k9, p2.
 Round 14: P2, k20, p2.
 Round 15: P2, LT, k2, LT, k2, RT, LT, k2, RT, k2, RT, p2.
 Round 16: P3, k18, p3.
 Round 17: P3, LT, k2, LT, RT, k2, LT, RT, k2, RT, p3.
 Round 18: P4, k16, p4.
 Round 19: P4, LT, k2, RT, k4, RT, k2, RT, p4.
 Round 20: P5, k14, p5.
 Round 21: P5, LT, RT, LT, k2, RT, LT, RT, p5.
 Round 22: P6, k2, p2, k4, p2, k2, p6.
 Round 23: P6, LT, p2, LT, RT, p2, RT, p6.
 Round 24: P6, k2, p3, k2, p3, k2, p6.

KEY	
—	knit
-	purl
↘ ↙	left twist
↙ ↘	right twist

—	—	—	—	—	—	↘ ↙	—	—	—	↘ ↙	↘ ↙	—	—	—	—	—	—	—	—	—	—	24
—	—	—	—	—	↘ ↙	↘ ↙	—	—	↘ ↙	↘ ↙	↘ ↙	—	—	↘ ↙	↘ ↙	—	—	—	—	—	—	22
—	—	—	—	—	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	—	—	—	—	—	—	—	—	—	—	20
—	—	—	—	—	↘ ↙	↘ ↙	—	—	↘ ↙	↘ ↙	—	—	—	—	—	—	—	—	—	—	—	18
—	—	—	—	—	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	—	—	—	—	—	—	—	—	—	—	16
—	—	—	—	—	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	↘ ↙	—	—	—	—	—	—	—	—	—	—	14
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INSTRUCTIONS:

Cast on 72 sts loosely, dividing them so that 40 sts are on Needle 1, and 32 sts are on Needle 2.

Cuff:

Working in the round, complete 14 rounds of the Elegant Ribbing Pattern. While working round 14, place markers after sts 8 and 32 on Needle 1, and after sts 4 and 28 on Needle 2.

Leg:

Work the sts on each Needle in pattern sections as follows:

Needle 1:

First 8 sts (to first marker): Continue Elegant Ribbing Pattern.
Center 24 sts (to second marker): Work Three Diamonds Pattern.
Last 8 sts: Continue Elegant Ribbing Pattern.

Needle 2:

First 4 sts (to first marker): Continue Elegant Ribbing Pattern.
Center 24 sts (to second marker): Work Three Diamonds Pattern.
Last 4 sts: Continue Elegant Ribbing Pattern.

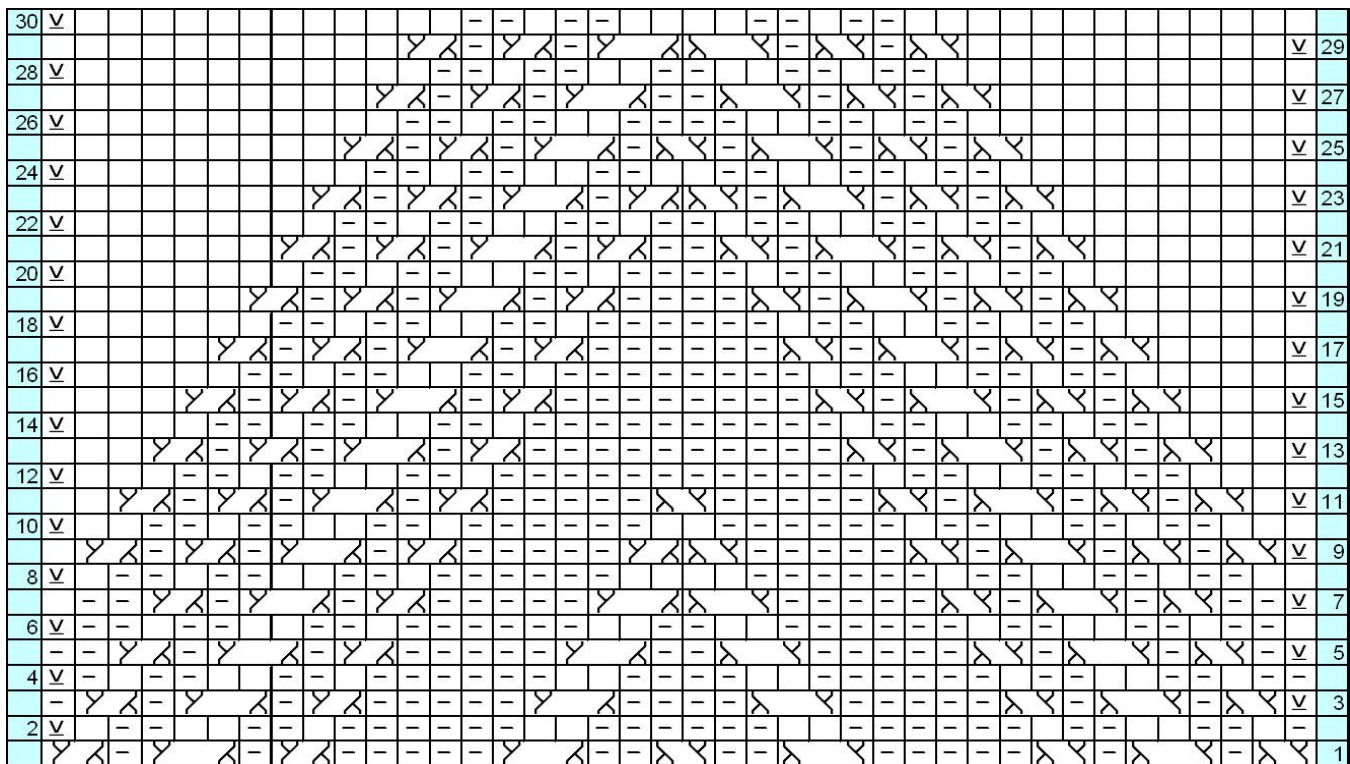
Continue working leg in established pattern until the Three Diamonds Pattern has been worked three times (72 leg rounds ending on Three Diamonds Pattern row 24, and Elegant Ribbing Pattern row 2.)

Heel Flap:

Work the heel flap on the 40 sts on Needle 1, turning your work after each row.

Row 1 (RS): LT, p1, LC, p1, LT, p5, LC, p2, LT, p2, RC, p5, RT, p1, RC, p1, RT.
Row 2 (WS): Sl1, p1, k2, p2, k2, p1, (k6, p2) twice, k6, p1, k2, p2, k2, p1, k1.
Row 3: Sl1, LT, p1, LC, p1, LT, p5, LC, p4, RC, p5, RT, p1, RC, p1, RT, p1.
Row 4: Sl1, k1, p1, k2, p2, k2, p1, k6, p2, k4, p2, k6, p1, k2, p2, k2, p1, k2.
Row 5: Sl1, p1, LT, p1, LC, p1, LT, p5, LC, p2, RC, p5, RT, p1, RC, p1, RT, p2.
Row 6: Sl1, k2, p1, k2, p2, k2, p1, k6, p2, k2, p2, k6, p1, k2, p2, k2, p1, k2, p1.
Row 7: Sl1, p2, LT, p1, LC, p1, LT, p5, LC, RC, p5, RT, p1, RC, p1, RT, p2, k1.
Row 8: Sl1, p1, k2, p1, k2, p2, k2, p1, k6, p4, k6, p1, k2, p2, k2, p1, k2, p2.
Row 9: Sl1, LT, p1, LT, p1, LC, p1, LT, p5, LT, RT, p5, RT, p1, RC, p1, RT, p1, RT, k1.
Row 10: Sl1, p2, k2, p1, k2, p2, k2, p1, k6, p2, k6, p1, k2, p2, k2, p1, k2, p3.
Row 11: Sl1, k1, LT, p1, LT, p1, LC, p1, LT, p5, LT, p5, RT, p1, RC, p1, RT, p1, RT, k2.
Row 12: Sl1, p3, k2, p1, k2, p2, k2, p1, k12, p1, k2, p2, k2, p1, k2, p4.
Row 13: Sl1, k2, LT, p1, LT, p1, LC, p1, LT, p10, RT, p1, RC, p1, RT, p1, RT, k3.
Row 14: Sl1, p4, k2, p1, k2, p2, k2, p1, k10, p1, k2, p2, k2, p1, k2, p5.
Row 15: Sl1, k3, LT, p1, LT, p1, LC, p1, LT, p8, RT, p1, RC, p1, RT, p1, RT, k4.
Row 16: Sl1, p5, k2, p1, k2, p2, k2, p1, k8, p1, k2, p2, k2, p1, k2, p6.
Row 17: Sl1, k4, LT, p1, LT, p1, LC, p1, LT, p6, RT, p1, RC, p1, RT, p1, RT, k5.
Row 18: Sl1, p6, k2, p1, k2, p2, k2, p1, k6, p1, k2, p2, k2, p1, k2, p7.
Row 19: Sl1, k5, LT, p1, LT, p1, LC, p1, LT, p4, RT, p1, RC, p1, RT, p1, RT, k6.
Row 20: Sl1, p7, k2, p1, k2, p2, k2, p1, k4, p1, k2, p2, k2, p1, k2, p8.
Row 21: Sl1, k6, LT, p1, LT, p1, LC, p1, LT, p2, RT, p1, RC, p1, RT, p1, RT, k7.
Row 22: Sl1, p8, k2, p1, k2, p2, k2, p1, k2, p1, k2, p2, k2, p1, k2, p9.
Row 23: Sl1, k7, LT, p1, LT, p1, LC, p1, LT, RT, p1, RC, p1, RT, p1, RT, k8.
Row 24: Sl1, p9, k2, p1, k2, p2, k2, p2, k2, p2, k2, p1, k2, p10.
Row 25: Sl1, k8, LT, p1, LT, p1, LC, p1, LT, p1, RC, p1, RT, p1, RT, k9.

Row 26: Sl1, p10, k2, p1, k2, p2, k4, p2, k2, p1, k2, p11.
 Row 27: Sl1, k9, LT, p1, LT, p1, LC, p2, RC, p1, RT, p1, RT, k10.
 Row 28: Sl1, p11, k2, p1, (k2, p2) twice, k2, p1, k2, p12.
 Row 29: Sl1, k10, LT, p1, LT, p1, LC, RC, p1, RT, p1, RT, k11.
 Row 30: Sl1, p12, k2, p1, k2, p4, k2, p1, k2, p13.



KEY	
k	k on RS; p on WS
—	p on RS; k on WS
∇	slip as if to purl
⤴	left twist (LT)
⤵	right twist (RT)
⤴	left cross (LC)
⤵	right cross (RC)

Turn Heel:

Row 1 (RS): K20, ssk, k1, turn.
 Row 2: Sl1, p1, p2tog, p1, turn.
 Row 3: Sl1, k2, ssk, k1, turn.
 Row 4: Sl1, p3, p2tog, p1, turn.

Continue as established, working 1 additional st after the slipped st, until there are 22 sts remaining on the needle. Then work the following two rows:

Row 1: Sl1, k to last two sts, ssk, turn.
 Row 2: Sl1, p to last two sts, p2tog, turn.

Heel Gusset:

Resume working circularly.

Round 1: With Needle 1, k the 20 sts across the heel flap. Pick up 15 sts along the side of the heel flap, plus 1 st in the gusset corner. Work the 32 sts on Needle 2 by continuing the established patterns. Place a marker at the end of Needle 2 to designate the beginning of the row.

Round 2: With Needle 1, pick up 1 st in the gusset corner, and 15 sts along the opposite side of the heel flap. K the remaining Needle 1 sts. Work the Needle 2 sts in pattern.

Round 3: With Needle 1, k1, ssk, k to last 3 sts, k2tog, k1. Work Needle 2 sts in pattern.

Round 4: K all sts on Needle 1. Work Needle 2 sts in pattern.

Repeat Rounds 3-4 until 72 sts remain (40 sts on Needle 1, and 32 sts on Needle 2.)

Foot:

Work the foot as follows, until the length from the tip of the heel is approximately 2-1/4" less than the wearer's foot length.

Needle 1 (Sole): Work all rounds as: P2, k36, p2.

Needle 2 (Top of foot): Continue to work the Needle 2 sts in pattern until the calculated foot length is reached, discontinuing the pattern stitches as described below.

Discontinuing the Elegant Ribbing Pattern: Stop working the Elegant Ribbing Pattern when you reach pattern row 8, **and** have less than 14 rounds of the foot section remaining to work. After discontinuing the pattern, purl the first and last four sts on Needle 2 each round until the end of the foot section is reached.

Discontinuing the Three Diamonds Pattern: Stop working the Three Diamonds Pattern when you reach pattern row 1, **and** have less than 16 rounds of the foot section remaining to work. Depending on the foot length, the pattern may extend into the toe area. If the pattern is discontinued prior to reaching the end of the foot section, purl the center 24 sts on Needle 2 each round until the end of the foot is reached.

Toe:

Redistribute sts on needles in a toe-centered manner by moving two sts from each end of Needle 1 to Needle 2. Each needle now holds 36 sts.

Round 1: Needle 1: K1, ssk, k to last three sts, k2tog, k1.

Needle 2: P1, p2tog, p to last three sts (or continue working Three Diamond Pattern), p2tog, p1.

Round 2: Needle 1: K to end.

Needle 2: P to end (or continue working Three Diamond Pattern until pattern row 1 is reached)

Repeat rounds 1 and 2 nine more times. (16 sts on each needle).

Final two toe rounds:

Round 1: Needle 1: K1, ssk, k to last three sts, k2tog, k1.

Needle 2: P1, p2tog, p to last three sts, p2tog, p1.

Round 2: K all sts on each needle. (14 sts on each needle.)

Stitch toe closed using Kitchener stitch, and weave in ends.

PATTERN NOTES

¹ The charted patterns include the following referenced stitches:

Elegant Ribbing: Walker, Barbara G., *Charted Knitting Designs: A Third Treasury of Knitting Patterns*, Schoolhouse Press, Pittsville, WI, 1998, page 45.

Three Diamonds: Walker, Barbara G., *Charted Knitting Designs: A Third Treasury of Knitting Patterns*, Schoolhouse Press, Pittsville, WI, 1998, page 40.